

Lisa Hanson  
November 24, 1999

---

7096 99 DEL-7 P348

FDA's Dockets Management Branch  
HFA-305  
Food and Drug Administration  
5630 Fishers Lane, Room 1061  
Rockville, MD 20852

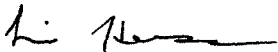
To whom it may concern,

I am writing in regard to the FDA's new proposition to include trans fatty acids in nutrition labeling, nutrient content claims, and health claims. I believe that the inclusion of trans fatty acids under the saturated fat category on labels, and the limiting of health claims when trans fatty acids are involved would be valuable in reducing some of the more prevalent diseases associated with a high saturated fat intake.

Many consumers are not aware that trans fatty acids have been shown to act in much the same way as saturated fat or that they are a contributing factor in the risk for coronary heart disease. There are also many consumers who do not realize that trans fatty acids may be a large contributor to the total fat in the food they are eating. Consumers who are trying to avoid the risk for coronary heart disease by eating a diet low in saturated fat may feel falsely secure because they do not realize the danger of trans fatty acids or the amount of trans fatty acids in the foods they are eating. Even when aware of trans fatty acids and the possible harm they can cause, it is impossible to tell how much is in the food we buy by looking at the label.

Trans fatty acids would be a valuable inclusion on food labels for both consumers and health professionals who are or should be concerned about trans fatty acid intake, and because the inclusion on labels will help raise public awareness and interest about trans fatty acids. Thank you very much for your time.

Sincerely,



Lisa Hanson

64P.0036

C1009

Lisa Hanson  
3322 N. 116<sup>th</sup> Dr.  
Avondale, AZ 85323



STAMP  
COOL-LOOKING.  
IT'S HARDY FORMING.  
ESSY NATIONAL STAMP  
COLLECTING MONT



FDA's Dockets management Branch  
HFA-305  
Food and Drug Administration  
5630 Fishers Lane, Room 1061  
Rockville, MD 20852

